





## The Lion Reads Tonight goes CAMPING UNDER THE STARS

Join us tomorrow November 10<sup>th</sup> for our new old favorite the **Lion Reads** 

**Tonight** with a camping twist at 6-7:30 in the Cashman gym. Wear your PJ's and bring your favorite stuffed animal, blanket, sleeping bag, etc...

#### PRINCIPAL COFFEE

One more time this FALL....

November 15<sup>th</sup>: 6:30-7:30pm



I hope you might have a few minutes to drop in and share some coffee and conversation. Share with me your priorities for the 2016-2017 school year and beyond!

#### THANK YOU VETERANS!



Our Cashman Student Council is again organizing our annual tribute to honor our veterans. On Thursday, Nov. 10th our whole school community will gather with

local veterans to remember the sacrifices of our men and women who serve our country.

### November 1st - 23rd

Lend a hand, donate a can! Join the Student Council in helping Our Neighbor's Table!





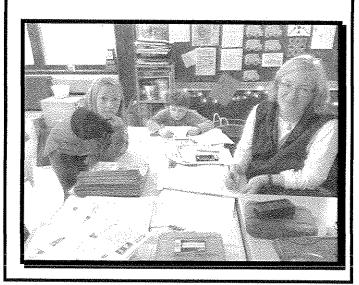
## Mock Presidential Election The RESULTS!

The Cashman Presidential winner was Hillary Clinton.

## Loving the Learning!

Mrs. Mitchell works with her 3<sup>rd</sup> graders as they draft their family letters.

Writing is a big part of the work for our 3<sup>rd</sup> graders. Mrs. Mitchell makes writing come to life!



### **Important Dates**

#### November

- 10 Veterans' Day Assembly, 9:30
- 10 Lion Reads Tonight, CES Gym 6-7:30pm
- 11 Holiday No School
- 15 School Council 5:30pm NOTE TIME CHANGE
- 15 Principal Coffee, 6:30-7:30 NEW DATE
- 18 Gr. 2 Wolf Hollow Field Trip
- 23 Early Release <u>Dismissal 11:30</u> NO LUNCHES SERVED
- 24 Thanksaiving Day No School
- 25 Thanksgiving Break No School

#### December

- 5-9- Scholastic Book Fair, Cashman Library
- 6&7 PTO Fundraiser Order Pick up, 3:00-8:00pm
- 7 1st Report Card K-4
- 8 Field Trip Gr. 1 Nutcracker, 9-1
- 9 PTO Staff Appreciation Luncheon
- 13 School Council 5:30pm NOTE TIME CHANGE
- 13 CES Holiday Chorus Concert, 6:30pm
- 26 Holiday Vacation Begins No School



## Gems from the Gym

We had a great time outdoors all Fall at beautiful Cashman School!! We are outside the first few days of November and then the next week we start inside and will go out only if it is unusually warm. After that we are inside until Spring regardless. This means sneakers are recommended along with water bottles and comfortable, cool clothing. (The gym gets warm!)

The Fit and Lit program will start on Monday November 28 and go until April vacation. The Fit and Lit program stands for <u>Fit</u>ness <u>and Lit</u>eracy. The program is designed to encourage aerobic exercise and reading while away from school. A Fit sheet and a Lit sheet will be sent home in your student's Wednesday's poly on Nov. 16<sup>th.</sup> If you get your poly information online then the sheets will be there. Extra copies can be picked up in the library or downloaded from the PE website. The sheets explain the process which includes recording information and getting parent signatures/initials.

Finally, the holidays are fast approaching and it is a great time of year in PE class. We start our indoor warm ups which include a brisk run/walk, silent yoga stretches on our mats, form running (we call it legwork) and our special seats in the gym. We will be doing skits, routines and tumbling with the emphasis on our new and exciting SEL curriculum (Social, Emotional Learning). Bundle up, stay warm and have a wonderful Thanksgiving season!

~Mr. Flaherty

"The Lion Reads Tonight" has been a great Cashman family event for many years. Cashman staff and a few special guests will read stories in our gym. Bring your favorite stuffed animal, a blanket and/or sleeping bag and a camp chair if you wish. Wear your pajamas too!

Popcorn and water will be available for purchase.

The theme is "camping under the stars"

November 10th @ 6:00-7:30 P.M. The Cashman School Gym



#### STARTS NOVEMBER!

## THEME FOR NOVEMBER: READ AROUND THE WORLD (pick a book about a different country)



#### HOW IT WORKS ...

- Come into the Public Library and pick up a form. Make sure to pick your proper grade! Forms
  are also available above to print out.
- Each month is a different theme. Just pick out a book on that theme (you can read one from the Public Library, your School Library, or even one you have at home!).
- Fill out the form and bring it back to the Public Library.
- You'll get a raffle ticket to take to your School Librarian. When you bring it in, you'll get a cool key chain!
- Win cool prizes! Your raffle ticket qualifies you for three raffles that take place throughout the year. You might just get a cool book or other prize!
- If you read each month, you get a certificate and a reading badge every two months! The program goes from October-May. (Badges are given for reading Oct-Dec, Jan-Mar, Apr-May...three badges total!)

Ask us at the Public Library or your School Librarian if you have any questions!

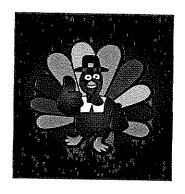
## Lend a Hand, Donate a Can!



# Join **Student Council** in helping Our Neighbor's Table!

**CES Food Drive** 

Nov. 1<sup>st</sup>- Nov. 23<sup>rd</sup>



## **List of Most Needed Items**

### Peanut Butter and Jelly

Cereal (any kind of boxed cereal, oatmeal, breakfast bars)

Soup (chicken noodle, tomato, chunky soups, low sodium)

Canned Meals (ravioli, spaghetti & meatballs, beef stew, chili)

<u>Juice</u> (any kind of 100% juice – cans, plastic bottles, juice boxes)

Canned Meat (chicken, tuna)

<u>Pasta and Rice</u> (dry pasta, flavored pasta mixes, white or brown rice, flavored rice mixes, macaroni & cheese, raamen noodles)

**Tomato Products** (any kind of pasta sauce, canned tomatoes)

### **Canned Vegetables**

#### **Canned Fruit**

#### **Baked Beans**

<u>Personal Care Items</u> (deodorant, bar soap, toothpaste, toothbrushes, shampoo, toilet paper, disposable razors)

Please check expiration dates on your donations! Remember to only donate things that you would want to eat yourself.



That's all for now have a great day!



## 11th ANNUAL WINTER COAT PROGRAM

Collecting new and gently used warm winter jackets, parkas, snowsuits, heavy winter sweatshirts for teens, ski jackets and waterproof gloves to support community adults and children in need.

All sizes from infant to XXL are needed.

### PLEASE DROP OFF AT:

Millennium Engineering, Inc.
(Go to the back of the building.)
62 Elm Street (rte. 110) Salisbury, MA

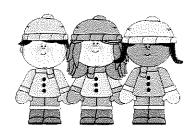
(across the street from Merrimack River Feline Rescue Society)

Monday, November 7<sup>th</sup> Wednesday, November 9<sup>th</sup> Thursday, November 10<sup>th</sup> 10am to 2pm

Direct inquiries to Peg Brown, Coat Volunteer Coordinator at:

coatdrive@pettengillhouse.org

Or call Pettengill Family Resource Center at: 978-792-5205



## PTO AFTER-SCHOOL ENRICHMENT PROGRAM

## **REQUEST FOR INSTRUCTORS!**

The Amesbury PTO is looking for instructors for the 2016/2017 After-School Enrichment (ASE) Program.

Share your hobby, passion, sport, craft, talent, or special skill with our kids by teaching a one-hour class, once a week for 4 weeks!

WINTER Session Dates: JANUARY 23RD - FEBRUARY 17TH

SPRING Session Dates: APRIL 3RD - MAY 5TH

- ASE classes are held one day per week for the 4-week session.
- Classes for Grade 1-4 are held from 3:15pm-4:15pm.
- Classes for Kindergarten only are held from 1:45pm 2:45pm.
- Make-up classes (for weather, early release days or holidays) are scheduled during the week after the formal session ends.



cake and cookie decorating - running club - drama for beginners - explorers club - jewelry making - yoga - animation club - gym class favorites - little naturalists

ASE instructors earn a stipend of \$45 per class (\$180 for 4-week session).

Deadline for WINTER Instructor Proposals: Monday, December 19<sup>th</sup> BUT – We are <u>thrilled</u> to accept proposals for future sessions now as well!

Please include the following information in your proposal:

- Instructor's name
- Name of the class(es) you'd like to teach
- School at which the class will be held (CES or AES)
- Grades (K-4) eligible to enroll in the class
- Day(s) of the week on which you'd prefer to hold the class(es)
- Maximum class size (all classes must have a minimum of 10 children enrolled in order to run at \$45/class stipend rate)
- An estimate of materials/supply costs, if you will need to purchase any for the class (for items the students will make and bring home or eat during class); these are reimbursed
- Description of class

Have an idea for a class but have questions about logistics or how the program works? Feel free to contact Jen Clark at <a href="mailto:AmesburyASE@gmail.com">AmesburyASE@gmail.com</a>

Send proposals by Monday, December 19th to: Amesbury ASE@gmail.com

Please note: All instructors must have current CORI form on file.

All class submissions are subject to approval by host school administration and PTO. Instructors will be notified ASAP of approval of submissions or additional information requirements.



## AMESBURY PTO FALL FUNDRAISER SALES CONTEST WINNERS

## Thanks to everyone who participated as we had a very successful fundraiser raising \$6,000 for our kids!

## **AMESBURY ELEMENTARY WINNERS**

### **HIGHEST SALES:**

A special lunch with Mr. Helliesen and a few friends to have pizza and a recess goes to Jack Donovan at \$484.00

#### **HIGHEST CLASSROOM SALES:**

A special classroom snack and recess goes to Mrs. Ripley's class at \$1,368.25

## **CASHMAN ELEMENTARY WINNERS**

### **HIGHEST SALES:**

A special lunch with Ms. Charette and a few friends to have pizza and a recess goes to Ben Buchmyr \$310.00

### **HIGHEST CLASSROOM SALES:**

A special classroom snack and recess goes to Mrs. Leary's class at \$722.00

## Fundraiser Pick-Up Night

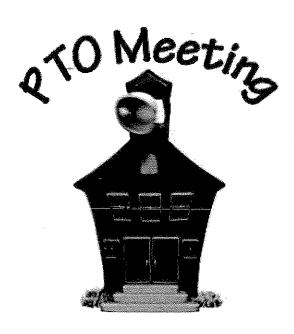
Charleston Wrap ONE night pickup only Wednesday, December 7th – 3pm to 7pm

CASHMAN ELEMENTARY SCHOOL HALLWAY OUTSIDE CAFÉ/GYM

There will be a PTO meeting Wednesday the 30th of November at 6:30 P.M. in the CES cafeteria.

Please come by to find out about up and coming activities the PTO is involved in, children are welcome.

Please send any agenda items to Tom Cassidy (tomcassidyaps@gmail.com)





## Paper order forms due TODAY!

#### THREE EASY WAYS TO ORDER KEEPSAKES

- 1. The paper order form attached to their custom catalog sent home last week.
- 2. Online at www.square1art.com/shop.
- 3. Phone Customer Care 888-332-3294.



No late orders can be accepted. Together, we can help support the school, build your child's self-esteem, and create lasting keepsakes from your child's artistic achievements.

#### THANK YOU

A huge thank you to all of the teachers, faculty and volunteers for their help in creating this meaningful fundraiser.

#### QUESTIONS?

Please contact: Kathleen Silva (AES) <u>Kathleenandbrian@aol.com</u> Or Erin Upton (CES) oceangirl ekp@yahoo.com







## **CES Appreciation Luncheon**

## In celebration of our Cashman Teachers and Staff!

## Friday, December 9th

The PTO is hosting an in-school lunch of donated food and gifts to show our Cashman teachers and staff that we appreciate all they do for our children! Any help you can offer is greatly appreciated. To volunteer your time or to donate a food or gift, simply return this completed form in the poly folder. You may also contact me directly, as I am also available to answer questions you may have. If you are interested in helping with this event, please respond timely so that I may plan accordingly.

Contact: tarahildt@gmail.com or 781-690-3832.

Please he	Ip us create a lovely event by choosing	from among t	he following:	
	tions n Donation: Y or N pe			
At each lu	ncheon we put together fun raffles for t re willing to make a <i>gift basket</i> , please o	he teachers a do. Donations	nd staff, so if you can c are super appreciated.	lonate a <i>gift item, gift</i>
Food Do				
Main Dish	Side	Dish		
Soup/Sala	ndDes	sert	***************************************	
Food and	Please remember that NO nut or shellfish lunch buffet will be setup in a har raffle donations will be accepted at Cas	allway where c 	hildren may be in contain morning of Friday, Dec	cember 9th. If you need
to arop of	a non-food donation prior to then, plea	se arrange a t	ime with me through e	mail.
*Please fe	volunteers for Setup: (8:30-11 el free to show up for any Lunchroom ( 1:30) (1st 11:30-12:00) (2nd 1	Coverage Time	e as long as you have a (3rd 12:30-1:00)	a current CORI: (4th 1:00-1:30)
Your Nam	e			
Phone			_	
E-mail	William III		_	

Please return this with poly folder or drop it off in PTO box at the Cashman office. Many Thanks!

estiva

Wednesday, Nov. 23 | 5-9PM



## AMESBURY NIGHT AT SEAFESTIVAL OF TREES

## For Amesbury Students + Residents

## Discounted Admission

\$3/person for students, families, and Amesbury residents. Show proof of residency or school ID.

Complimentary Hot Cocoa!

## **Experience Holiday Magic**

- 150 Sparkling Trees + Designer Wreaths
- New England's Largest Gingerbread House
- Seaside Ice Rink + Skate Rentals
- North Pole Café, Gift & Candy Shoppe
- Lucky tree raffle winners can go home with a tree and up to \$1,000 in gifts!

Presented By:





**EWBURYPORT** 

blue (s)

Proceeds Support:



Anna Jaques Hospital Salisbury Beach

Blue Ocean Event Center | 4 Ocean Front North, Salisbury Beach, MA | 978.462.2512





## AMESBURY HOLIDAY PARADE

December 3, 2016 STARTS AT 3:30

GET YOUR GROUP TOGETHER AND REGISTER ONLINE @ www.amesburyholidayparade.com

THEME - TOYLAND

PERHAPS A SPECIAL VISITOR FROM THE NORTH POLE!

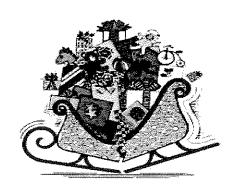
LOTS & LOTS MORE INFORMATION TO COME SOON!

ANY QUESTIONS CONTACT: MICHELLE LAMOTT -

MICHELLELAMOTT@COMCAST.NET

KATE CURRIE- CURRIE.KATHERINE76@GMAIL.COM

WE WILL BE NEEDING VOLUNTEERS FOR DAY OF THE EVENT!



## SPECIAL EDUCATION BASIC RIGHTS WORKSHOP

# With Melissa Sessions from THE FEDERATION FOR CHILDREN WITH SPECIAL NEEDS

Come get a better understanding of the complicated special education laws and procedures that protect your child's rights.

Sponsored by AMESBURY SEPAC

Wednesday, November 16 6:00 PM Amesbury High School Library

## Brief SEPAC Business Meeting Following Workshop

Contact Mary Jepson with questions at mjwelch63@comcast.net



## Do you have a child under 5? Are you pregnant or breastfeeding?

## **WIC OFFERS FAMILIES**

- · Personalized nutrition consultations
- · Free healthy food
- · Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Call 1-800-WIC-1007

or visit mass.gov/wic

TDD/TTY: 617-624-5992
This institution is an equal opportunity provider.

Check these guidelines to see if WIC might be right for your family.

HOUSEHOLD SIZE	YEARLY	MONTHLY	WEEKLY
1	\$21,978	\$1,832	\$423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52,614	4,385	1,012
6	60,273	5,023	1,160
7	67,951	5,663	1,307
8	75,647	6,304	1,455

IF YOU ARE PREGNANT, YOU SHOULD COUNT YOURSELF AS TWO.



GOOD FOOD and A WHOLE LOT MORE!



## ¿Tiene un hijo menor de 5 años? ¿Está embarazada o amamantando/lactando?

## **WIC OFRECE A LAS FAMILIAS**

- Alimentos saludables gratis
- Apoyo de lactancia
- Consultas personalizadas de nutrición
- Referidos para atención médica y dental, seguro de salud, cuidado de niños, asistencia para combustible y vivienda, y otros servicios que pueden beneficiar a la familia entera!

Llame al 1-800-942-1007

o visite mass.gov/wic

TDD/TTY: 617-624-5992

Esta institución es un proveedor que ofrece igualdad de oportunidades.

Verifique estas pautas para decidir si WIC es el programa adecuado para su familia.

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TAMAÑO DE FAMILIA	ANUAL	MENSUAL	SEMANAI
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SI USTED ESTÁ EMBARAZADA, DEBE CONTARSE POR 2.



BUENOS ALIMENTOS y MUCHO MÁS!





Hunger. It's a way of life for an increasing number of families. Many face hopeless decisions for medicine, heat or food. Groups providing assistance are struggling with increasing requests and shrinking resources. The Boy Scouts of America answers this call by collecting food and supporting community agencies that fight hunger.

Help us provide food, and hope, to our neighbors.

Scouts will be collecting non-perishable food items in your area next Saturday.

Please place non-perishable goods in a recycled bag or box, attach this door-hanger and place in view of the street by 9:00 a.m.

Your gift will make a difference. Thank you!

For more information on how the Boy Scouts help the hungry visit: www.scoutingforfood.info

To learn more about Scouting in your area visit: www.beascout.org



Canned Goods (Tuna or Chicken, Fruit, Vegetables, Soups or Chili, Spaghetti or Ravioli), Peanut Butter, Cereal, Pancake or Muffin Mixes, Crackers or Cookies, Instant Soup, Rice or Beans, Pasta, Powered Juice or Milk, Dried Fruits, Snack Bars.

Any other non-perishable food items.

Please do not include frozen foods, glass containers
or open containers.

If you did not receive a door tag, but would still like to donate, please contact us and we will coordinate pick up. Our email is pack4scoutingforfood@yahoo.com

## **Corporate Sponsors**









**Exclusive Media Partner** 











## Amesbury Youth Basketball is open for registration for all boys and girls in grades 2-8.

Amesbury Youth basketball offers a fun, safe and competitive basketball program with games running from Saturday Dec. 3<sup>rd</sup> thru the end of February. All enrolled kids will have a chance to play on a team, practice weekly and get game shirts.

Since 1982, the kids of Amesbury have had a ton of fun playing youth basketball and we look forward to having you as a part of our basketball family!

Please visit www.ayrbl.org for more information.

Registration for all kids in grades 5-8 should be sent now, or please contact us @ <a href="mailto:clay.ayrbl@gmail.com">clay.ayrbl@gmail.com</a> We have 5-8 grade basketball nights beginning next week so if you cannot get forms in this week please let us know and we will be happy to help with registration and player placement.

All kids in grades 2, 3, and 4 are asked to have forms and payment in by Friday Nov. 18<sup>th</sup>

Thank You!

Please return registration and code of conduct forms to:

AYRBL

**PO Box 93** 

Amesbury, MA 01913

Feel free to contact us with any questions



Name:	Grade	D.O.B.	Gender
1)			
2)			
3)			
Address:	· .	Phone:	
Email address (please print clearly	y):		A
Medical conditions :	2		
Emergency contact name:	Em	ergency contact phone:	4,000
PLAYER CONFLICT NIGHT (S)?  ** Interested in coaching or volution your name and contact # below	unteering? We need coach	es and volunteers to run A	YRBL. Please list
NAME	PHONE	Email	

### **AYRBL WINTER BASKETBALL FEES**

1<sup>st</sup> child grades 3-8 \$ 100.00 2<sup>nd</sup> child grades 3-8 85.00

Any additional children in grades 3-8 \$50.00 per

All 2<sup>nd</sup> grade children (who are not subject to the multi child discount) \$50.00 per

Please mail registration form as well as code of conduct / waiver to:

## AYRBL PO Box 93 Amesbury, MA 01913

\*\*please note, travel team players will be subject to additional \$150 travel fee



## WAIVER & RELEASE / CODE OF CONDUCT CONTRACT

NOTICE: This document is a binding CONTRACT. Legal Advice should be sought if you do not understand all of the terms of this Agreement. Accordingly, A.Y.R.B.L. is providing you with a FOURTEEN (14) day right to cancel this Contract and obtain a full refund. See below

Ac	Accordingly, A.Y.R.B.L. is providing you with a FOURTEEN (14) day right to cancel this Contract and obtain a full refund. See below.				
In	consideration of the opportunity afforded	to:			
Pri	nt Child #1	Print Child #2	Print Child #3		
to res	participate in the activities of the Amest sult from playing the sport of basketball a	oury Youth Rotary Basketball Leag nd participating in related League a	ue, and recognizing the possibility of physical injuries which may activities, we		
75		and			
(Pr	int name of parent or legal guardian)	(F	Print name of parent or legal guardian)		
Re act	lease the A.Y.R.B.L., its administrators, ion that any of us may now have or here	directors, officers, coaches, referee after acquire resulting from any of t	es, supervisors, and/or assistants from any claim(s) or cause(s) of the following circumstances:		
1.	Bodily injury to the above named child activities of the League.	incurred as the result of intentional	acts of another participant in the course of supervised athletic		
2.	Negligent acts or omissions by a League-related individual or entity during or en route to or from supervised League activities.				
3.	In the course of athletic activity where such athletic activity is not planned, sanctioned, or supervised by the League or occurs before or after supervised League activities.				
4.	As a result of defects in floor surfaces or particular fixtures or features of basketball courts chosen for play by the League provided said courts or areas are indoor courts regularly used for athletic activities.				
5.	Emotional distress resulting from conduct of League related individual or entity, or from any of the occurrences here above set forth.				
6.	Pain and Suffering, loss of society and companionship or wrongful death resulting from any of the above referenced circumstances.				
7.	Defamation resulting from conduct, act	s or omissions by any League-rela	red individual or entity.		
or v fou car	y licensed Doctor of Medicine or Doctor well-being of my dependent. Receipt of a rteen (14) day Right of Recession (canc	of Dentistry. This care may be given a copy of this contract is hereby ace ellation) during which a full refund neel, within fourteen (14) days, to	eby give my consent for emergency medical care prescribed by a en under whatever conditions are necessary to preserve life, limb cknowledged, and all its terms are hereby agreed to, subject to a will be given if this Contract is cancelled. I understand that I may A.Y.R.B.L., P.O. Box 93, Amesbury, MA 01913. Following this		
Tea You Pla con sus	of the Rotary Basketball League (AYRBL). Yers are expected to respect their coach Iduct at any point in the season is deficie	This includes conduct, attendance are and teammates, and abide by the art in this regard may be benched for AYRBL. The primary objectives of A	anship and conduct becoming a participant in the Amesbury and promptness during practices as well as during games. The rules and regulations of AYRBL. Any player or coach whose or part of a game or the entire game, or if a serious offense, LYRBL are for participants to have fun and learn the game of		
	I have read the Waive	r & Release / Code of Con	duct Contract and agree to abide by it.		
Pla	yer Signature	P	arent / Guardian Signature		
	on behalf of child In Witi	and all parents and/or legal ness Whereof We hereto set	guardians identified hereinabove. our hand and seal this		

\_\_\_\_\_ day of \_\_\_\_\_\_, 2016



## AMESBURY LITTLE LEAGUE

will host a parent orientation night for the upcoming 2017 season

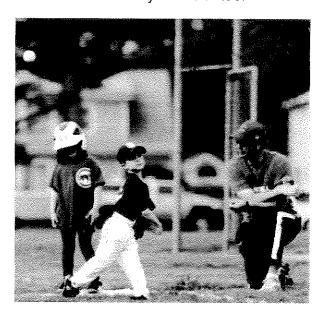
## at the Costello Transportation Center

on Nov. 15 from 7 to 8 p.m.

Amesbury Little League is open to all children in Amesbury and South Hampton ages 5 to 12 (born between May 1, 2004, and Aug. 31, 2012).

### Come hear about:

- Coaches clinics
- Player clinics
- How to help your child succeed
  - Ways to volunteer



For more information visit AmesburyYouthBaseball.org.